

NEWSLETTER

July 2008

Edition- 7

1st July: consulting with Urology specialist for selected TEV elders.

A special urology camp was organized by Kannan Hospital at Cuddalore in link with Mahatma Gandhi Medical College, Pondicherry. About 5 TEV elders were selected for free medical checkup and treatment. Dr.Saravanan MD, Urology specialist gave treatment and advice to elders.

2nd July: Meeting with Nagapattinam District Collector:

Resident Elders' Representative Council member Shri.Nagarathinam, Mr.Siddick, Manager of TEV, and Ms. Josephine Executive - Social Protection attended a meeting with Ms.Anbalagi, DSW regarding Old Age Pension grant for TEV residents from Nagapattinam and Vedaranyam Blocks. Among the 20 elders from Vedaranyam, 8 applied for new pension under IGNOAP scheme and 7 applied for permanent transfer of their sanctioned OAPs / WPs directly to Tamaraikulam Elders Village address. An appeal letter for earlier action was submitted to the Nagai District Collector on the same day.

3rd July: cultural evening

A cultural evening was organized by TEV elders on 3rd July. Elder Veerabathran and Irusappan presented the village folk songs while Elder Vadivel, Rukmani and Manian delivered old film songs of late actors Sivaji Ganesan and Gemini Ganesan.

5th July: visit to St.Joseph School, cuddalore.

As a part of Fund Raising campaign, PMO team decided to link all the schools that can support TEV elders by way of conducting cultural events at the campus as well as fund raising through teachers association and students. DD(F) and Manager TEV met Dr.Agnel, Father and Principal of St.Joseph school who personally interested in TEV activities.

8th July: Elders meeting

11th meeting of TEV resident elders was conducted on 8th July at TEV campus. The



Residents decided their food menu for August month, requested for a temple trip, purchase of additional cows, nursery pots for layering, foot wears and shirts etc. Manager-TEV and Mr.Ramalingam DD (F) addressed the meeting and reminded residents to adhere to the ground rules for clean and healthy environment of TEV.

15th July: Cuddalore Municipality councilors and Police Dept. meet.

An advocacy workshop on elderly was organized by the Coastal Resource Centre at TEV Multipurpose Hall on 15th July 2008. About 40 police men and 20 councilors from Cuddalore municipal town attended the workshop.

This advocacy workshop was organized in continuation with the research report submitted to Superintendent of Police, Cuddalore on “Present Status of destitute elders in Cuddalore town”. This Workshop helps linking elderly community with municipal councilors and police personnel for making cuddalore as ‘elder friendly’ town.

20th and 21st July: Training program for Volunteers on Palliative Care:

Palliative care is the special care of a person whose disease cannot be cured. Palliative care provides comfort and support to the elder and does not hasten or delay death. A training program on palliative care for elders was organised for the village youth volunteers by the Project Kiran team. Resource persons and volunteers from Institute of Palliative Medicine, Kerala conducted the training. Dr.Sathyababu, and Ms.Subha did all the preliminary arrangement’s. Dr.Oommen George, Head-Health and Ms.Rachna from HI New Delhi, Dr.Mathew from IPM felicitated.

20th July: Orientation program for the newly arrived elders

About 18 AAG (Adopt A Granny) beneficiaries from PLF Vedaranyam came to TEV



on 19th July. The elders enjoyed 3 days stay at TEV for they arrived here for a taster course on visualizing TEV activities and its care regime. Dr.Sathyababu, Mr.Elango and Manager Mr.siddick welcome all the elders and explained about social, emotional and medical care provided to the TEV residents. These taster sessions were organized for all the

AAG beneficiaries selected by all the DLF of project areas. Out of 18, two AAG elders stayed back and wish to live in TEV as residents.

22nd July: Meeting on Social justice for Kanganamkuppam villagers.



TEV encourages local village community involvement bridging the gap, by way of

exchanging cultural events and meets. A meeting of such kind on “social justice” explaining unsociability as a crime was organized by local panchayat along with police department on 22nd July and was held at TEV campus. Panchayat president, Mr.Maran, Inspector of police and Manager TEV addressed the meeting. About 75 villagers attended.

22nd July: AAG beneficiaries from Cuddalore DLF visited TEV

AAG beneficiaries from the Cuddalore DLF numbering 15 arrived TEV for the taster course. They lived here for two days. 4 out of 15 elders had chosen TEV as their residence for a long term care. Mr.Elango and Ms.Rajalakshmi of CRC took initiative for identifying these residents.

22nd- 23rd July: EfEF Board Members Meeting at TEV.

Elders for Elders Foundation Board members met at Tamaraikulam Elders Village on 22nd July. Shri.Rajeshwar, Head SP& E, Dr.Muralidar from Akshara, Mrs.Sheelu from Chennai, Shri.Arunachalam, EfE Managing Trustee attended. Mr.Elango and his CRC team, Partner agency heads Mr.Natarajan from BWDC, and Mr.Manivannan from Avvai, all EfE office bearers were present.



23rd July: Lunch to elders provided by Dr.Kumar and his Family.

Dr.Kumar of Arupadaiveedu Medical College provided Lunch to TEV elders in memory of his late mother Usha amma. His wife, daughter, and father served lunch to all elders after a 5 minutes prayer with them.



23rd July: Head SP & E meets PMO cuddalore staff.

Shri.Rajeshwar, Head SP& E met PMO staff of TEV, CRC and Project and discussed on issues and future action plans. Mr.Ramalingam DD (F), APO Mr.Rehmadulla , Admin Executives attended.



23rd July: Head – Health, visits Pondicherry Institute of Medical Sciences.

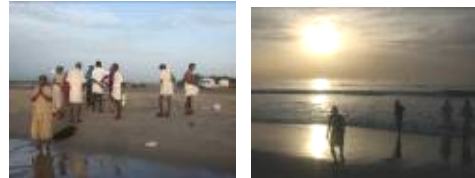
Dr.Oommen George, Head – Health visited PIMS along with DD(F) Mr.Ramalingam, Senior Manager Ms.Rachna, TEV Manager Mr.Siddick and Project Kiran Manager Ms.Subha. This meeting purposed at linking PIMS with TEV in imparting training on Geriatric Care, while PIMS can train TEV caregivers/ volunteers, provision of beds to palliative care patients at PIMS, free medical services for TEV residents etc. Dr.singh, Head of Community Medicine and his

colleagues made a presentation on their research and community outreach work on diabetes and Aids. A field visit was also arranged. Dr.Geo briefed about palliative care to the PIMS Nursing students and staff.



July 30th: Tamil festival -Adi-Friday celebrated at sea shore of Cuddalore.

Elders of TEV wish to take holy bath at sea on Adi Friday and to pray sea Goddess while performing pooja to sun God. 17 residents were taken before the dawn to Devanampattinam sea side and did the rituals to Nature Gods.



July 30th: Free Eye camp in link with Aravind Eye Hospital

A free eye camp was arranged by Lions club of Cuddalore at Chellankuppam. 12 elders from TEV attended. 8 elders were identified for cataract surgery, of which only 2 elders wished to get their eyes operated.

July 31st: Arrival of AAG elders from Nagapattinam Project:

About six AAG elders from Nagapattinam project area arrived TEV on 31st July for a three day taster

course. Elders from Velankanni and Keechankuppam wished to stay with us since they were completely neglected by their family members.

July 31st: Pancha Kavya Training

Income generation activities are encouraged by based on individual



residents technical skills. Pancha Kavya training is one among them, producing 'plant growth regulator' from 5 cow based ingredients (milk, dung, urine, curd and Ghee). Trainers from Pondicherry Science Forum gave a presentation and live demonstration. Mr.G.Palani and Ms.Vijayalakshmi Sr. care giver organized and 12 active elders involved in this programme.



Birthday celebrations at TEV

Driver **Mr.Kumaran** of Mobile Medical Unit celebrates his birthday at TEV campus on 10th July. All PMO staff attended.



Mr.Thayanidhi, Social worker of Palliative Care Project celebrated his birthday on 22nd July along with the TEV elders. Elders wished him a longer life and better prospects. Sweets, cakes and tea were distributed to all the elders.



Proposed August 2008 Activities

1st August: one day workshop on "sensitizing panchayat presidents on elderly care and support".

5th August: Mr.Muruganantham from World Bank Project meets DLF reps.

- TEV elders meeting
- HI staff from RD South Office

6th – 16th August: CRC staff and field staff attend training at Akshara.

9th August: St.Joseph school NSS volunteers Shram Dhan. Father visits.

12th August: Elders meet/ sports event

12th – 13th August: Palliative care Volunteers training at TEV campus

13th Aug: Diabetes in Older Persons – prevention is better than cure – Talk.

14th August: NLC medical camp specialist doctors visit to TEV.

15th August: Independence Day celebrations at TEV. St.Antonys school children visit TEV.

17th August: Religious trip to Thiruvannamalai (proposed by RRC)

20th August: School children from Akshara/ CK matriculation visits TEV.









21st August: Free Eye camp at Arupadaiveedu Medical College.

21st & 22nd Aug: Gerontology and Geriatric Care-Training/ poster session

22nd – 24th Aug: Kollam AAG beneficiaries' taster course at TEV.

27th August: DLF cuddalore meeting at TEV campus.

Elders who joined us during the month of July 2008:

	<p>Sornam - 63, Entry date: 21.07.08 Elder from Chittirapettai, lost her properties, neglected by her son. Recommended by DLF Cuddalore. Active elder.</p>
	<p>Kunjappan - 68, Entry date: 19.07.08 neglected by his son and wife this lonely elder approached VECC of Vellapallam and recommended by PLF Vedaranyam. Assisted elder.</p>
	<p>Govindammal - 61 Entry Date: 09.07.08 Widow elder from Gundu uppalavadi. Neglected by her own family members, recommended by VLF secretary and Head. Active elder.</p>
	<p>Indira - 62, Entry Date: 23/07/08 Destitute elder living with her paralysed Husband Nagalingam, left alone by her sons and daughters, wish to live in TEV. Registration pending, no recommendation letter from VLF/DLF</p>
	<p>Irusayee - 65 Entry Date: 21.07.08 Living alone with her husband in singarathope, brought in by her husband, wish to live in TEV. Pending recommendation letter from VLF/DLF. Dependent elder.</p>
	<p>Manjula - 58 Entry Date: 26/07/08 Destitute elder from Thalanguda, affected by tsunami and lost her properties. Symptoms of dementia, recommended by VLF and DLF.</p>
	<p>Murugan - 70 Entry Date: 30/07/08 Elder from Keechankuppam, wish to live with his blind wife in TEV, beaten up to bleed by his own son and daughter-in law, recommended by DLF Nagapattinam/ Efe.</p>
	<p>Kannachi - 63 Entry Date: 30/07/08 Elder from Keechankuppam, wish to live in TEV with her husband. Assisted elder.</p>

	<p>Nagaratnam - 70 Entry Date: 06/07/08 Elder from Kodiakadu. Neglected by his wife and sons, wish to live in TEV. VLF recommended over phone. Assisted elder.</p>
	<p>Koothandavar - 65 entry date: 27.07.08 Widower, neglected by her son and in-laws, from Kandakadu village, recommended by VLF Cuddalore. Active elder.</p>
	<p>Mani - 60 Entry Date: 31.7.08 Disabled elder from Velankanni, neglected, starving for food and shelter, recommended by Nagapattinam DLF. Dependent elder.</p>
	<p>Anjalai - 70, Entry Date: 10/07/08 Destitute elder, left alone by her sons and daughters near cuddalore railway track, brought in by Palliative care volunteers, recommended by Efe.</p>
	<p>Velli Muthu - 65 Entry Date: 28/07/08 Destitute elder from tsunami hit area brought in by overseas volunteers who found her along seaside lying unconscious, recommended by VLF Nanamedu/ Efe.</p>

VLF bringing in elders to TEV



OBITUARY:

Elder Ibrahim died on 6th July 2008.

Elder Syed Ibrahim native of Shengottai, was an orphan who arrived TEV on recommendation of Kollam DLF. He suffered with a severe diabetes and CRV. His last rituals and ceremonies were taken place at his cousin's home town. Manager TEV and caregiver attended. All the residents paid their obituary with special prayers on 7th July.



Let us pray for rest of their soul in peace and may God bless them with a garden of heaven.

Elder Porkilai died on 31st July 2008.

Elder Porkilai was a paralytic, lived with her drunkard husband at Suba Uppalavadi village. She had 4 sons and 2 daughters. Both of them was left destitute by their son(s) and daughters and lived in a small hut. She was one among the first 10 elders who came to TEV during November 2007. Taken back home by their son and VLF in December, again she was cared under Home care scheme of Palliative care staff from May 2008 till her last breathe.



Planned elderly care need fortitude, creativity and a commitment to learning.



HelpAge India – NDTV viewers Elders' Village in the path of caring elders with consideration, dignity and respect..

